

UNLOCKING MOTIVATION & CONQUERING ACADEMIC HURDLES



Friday, April 4, 2025

This presentation aims to explore motivation as well as strategies and tips for overcoming everyday challenges related to academic and professional career as well as those surrounding personal growth, based on the presenter's personal experience. Throughout this meeting, participants will be encouraged to share their experiences and ask questions. The presentation will be in French and English.

Katerina Sanchez-Schicharew is a resident physician in general psychiatry at the University of Sherbrooke. In July 2025, she will begin her subspecialty training in child and adolescent psychiatry at McGill University. For the past two years, she has served as a teaching assistant in the Doctor of Medicine program, demonstrating her commitment to medical education.

